

BEAUTY BREAK

Uptown Dallas spa wants you to take a beauty break this summer



Summer break is almost here, and for most of us, unless you're under 21 — or a school teacher — that doesn't mean much. But over at the [Spa at Hotel Crescent Court](#), it does mean something. It means a break for beauty, thanks to three luscious new treatments that are being introduced just for your summer pleasure. After all, why should the kiddos have all the fun?

If you're in need of a quick pick-me-up, then the Break for Beauty Blueberry Peel is just what you need. The 25-minute treatment features a gentle antioxidant-rich blueberry chemical peel that exfoliates and purifies, leaving skin calm and smooth (ie, no red, blotchy after-effects, just a glowing complexion). It's great to do on your lunch break or, if you have time to spare, pair it with another facial or maybe even the new 80-minute Neroli Blossom Sensory Massage employing, yes, Neroli essential oil, and both Eastern and Western massage techniques using light to deep pressure depending on your liking.

The new hydrating 50-minute Lavender Fusion Pedicure, which features a mineral-rich soak and a luxurious exfoliation followed by a light touch of lavender oil (and polish, of course) will soothe tired feet while also getting them in tip-top sandal condition.

Located in one of Uptown's poshest hotels, the Spa at Hotel Crescent Court currently boasts 22,000 square feet, 16 treatment rooms, a whirlpool with a hot and cold dip, and a eucalyptus infused steam room and dry sauna. There's also a fitness club that's open to members and hotel guests.

Starting this summer, the Crescent will undergo a \$30 million renovation to refresh and restore the 30-year-old hotel to its original grandeur, staying true to the vision of founder Caroline Rose Hunt. The lobby, guest rooms, and spa will all receive updates, with Dallas-based interior designers Waldrop + Nichols Studio overseeing the redesign.

Through it all, though, you can count on the summer break beauty treatments to keep you going.