

# THE CRESCENT GOURMET

## WEEK OF FEBRUARY 15, 2010

### BREAKFAST

<b>Croissants or English Muffins</b> butter, cream cheese, or jam .....	\$2.25
<b>Deli Bagels</b> butter, cream cheese, or jam .....	\$2.95
<b>Smoked Salmon Bagel</b> cream cheese, red onion, and capers.....	\$5.95
<b>Croissant Sandwich</b> scrambled eggs, ham or bacon, cheddar or Swiss cheese .....	\$4.75
<b>English Muffin Sandwich</b> scrambled eggs, ham or bacon, cheddar or Swiss cheese.....	\$4.50
<b>Spinach Wrap</b> scrambled eggs, spinach, ham or bacon, cheddar or Swiss cheese.....	\$4.50
<b>Yogurt and Granola Parfait</b> layers of plain yogurt, berries, and housemade granola .....	\$3.95
<b>Cookies, Muffins, or Brownies</b> .....	\$1.50
<b>Juices, All-Natural Smoothies, or Red Bull</b> .....	\$3.00

### SOUP

made fresh daily with all natural ingredients, with multi-grain roll and butter..... 12 oz. \$3.75..... 16 oz. \$4.25

#### Beau Nash's Grilled Corn & Smoked Chicken Soup or Soup of the Day

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED	Tortilla	Carrot Ginger	Caribbean Shrimp and Rice	Miso and Vegetable

### SALADS

<b>Fresh Fruit</b> .....	\$2.95
<b>You Decide</b> made to order with your choice of dressing .....	small \$3.95..... large \$6.95
add grilled chicken, smoked turkey, ham bacon, or shrimp .....	\$7.95
<b>Crescent Caesar</b> .....	\$5.95..... with grilled chicken or shrimp \$7.35
<b>Uptown Cobb</b> .....	\$7.35
	romaine, turkey, bacon, egg, avocado, cherry tomatoes, blue cheese, and sherry vinaigrette
<b>Fiesta</b> .....	\$7.35
	romaine, grilled chicken, black beans, jicama, corn, roasted pepper, avocado, and pico de gallo dressing
<b>Oriental Chicken</b> .....	\$7.35
	hoisin barbecue chicken, mandarin segments, bean sprouts, edamame, bell pepper, toasted almonds, cilantro sesame lime vinaigrette
<b>Albacore Tuna</b> .....	\$7.35
	seasoned tuna mix on top of mixed greens with choice of dressing
<b>Bombay Curry Chicken</b> .....	\$7.35
	mixed greens, choice of dressing, and topped with curried chicken

### SANDWICHES

sandwiches come with a small fruit salad or whole fruit..... whole \$7.25..... half \$3.95

#### Sandwich of the Week: Pastrami Reuben Panini

thin-sliced pastrami, Swiss cheese, sauerkraut, and tangy thousand island dressing, on marble rye bread

**Crescent Tower** Italian salami, ham, smoked turkey, Swiss, provolone, lettuce, tomato, crispy onions, sour dough ciabatta

**Fitness Wrap** grilled chicken, green beans, roasted bell pepper, kalamata olives, romaine lettuce, hummus, spinach tortilla wrap

**Spa Tuna Croissant** our Spa Café recipe: herbed tuna salad, light mayonnaise, tomatoes, lettuce

**Cowboy Panini** shaved beef ribeye, scallion, fontina cheese, tomatoes, garlic aioli, sourdough ciabatta

**Southwestern Chicken Panini** grilled chicken, guacamole, roasted bell pepper, tomatoes, pepper jack cheese, and bacon, baguette

**Create Your Own** choice of bread: sourdough, ciabatta, baguette, croissant, foccacia, or multi-grain

### COMBOS

<b>12 oz. Soup and Half Sandwich</b> .....	\$7.35
<b>12 oz. Soup and Small Salad</b> .....	\$7.75
<b>Small Salad and Half Sandwich</b> .....	\$7.95

### HOT SPECIALTIES

**Lunch Entrées** with two sides, multi-grain roll, and butter .....
 \$7.95 |

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED	Chicken Enchilada Pie or New York Steak Brochette Ranchero Beans Mexican Rice	Herb Roasted Chicken or Chicken Fried Steak Creamed Corn Mashed Potatoes and Gravy	Mojo Roasted Pork or Texas Rubbed Delmonico Steak Fried Yucca with Garlic Sauce Congris Rice	Asian Barbecued Chicken and Egg Rolls or Salmon Teriyaki Chili Garlic Broccoli Fried Rice

**À la Carte Sides**.....
 \$3.00 |

**Meatball Sub** all-natural beef, marinara sauce, and mozzarella cheese.....
 \$7.95 |

#### YOGURT OF THE DAY ..... \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED	Mixed Berries	Toasted Almond	Key Lime	Coconut

#### DESSERT OF THE WEEK ..... \$3.00

White Chocolate Mousse



ROSEWOOD CRESCENT HOTEL  
DALLAS