

THE CRESCENT GOURMET

WEEK OF MARCH 15, 2010

BREAKFAST

Croissants or English Muffins butter, cream cheese, or jam	\$2.25
Deli Bagels butter, cream cheese, or jam	\$2.95
Smoked Salmon Bagel cream cheese, red onion, and capers.....	\$5.95
Croissant Sandwich scrambled eggs, ham or bacon, cheddar or Swiss cheese	\$4.75
English Muffin Sandwich scrambled eggs, ham or bacon, cheddar or Swiss cheese.....	\$4.50
Spinach Wrap scrambled eggs, spinach, ham or bacon, cheddar or Swiss cheese.....	\$4.50
Yogurt and Granola Parfait layers of plain yogurt, berries, and housemade granola	\$3.95
Cookies, Muffins, or Brownies	\$1.50
Juices, All-Natural Smoothies, or Red Bull	\$3.00

SOUP

made fresh daily with all natural ingredients, with multi-grain roll and butter..... 12 oz. \$3.75..... 16 oz. \$4.25

Beau Nash's Grilled Corn & Smoked Chicken Soup or Soup of the Day

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Tomato Basil	Tortilla	Beef Minestrone	Egg Drop Soup	Shrimp and Rice

SALADS

Fresh Fruit	\$2.95
You Decide made to order with your choice of dressing	small \$3.95.....large \$6.95
add grilled chicken, smoked turkey, ham bacon, or shrimp	\$7.95
Crescent Caesar	\$5.95.....with grilled chicken or shrimp \$7.35
Uptown Cobb	\$7.35
	romaine, turkey, bacon, egg, avocado, cherry tomatoes, blue cheese, and sherry vinaigrette
Fiesta	\$7.35
	romaine, grilled chicken, black beans, jicama, corn, roasted pepper, avocado, and pico de gallo dressing
Oriental Chicken	\$7.35
	hoisin barbecue chicken, mandarin segments, bean sprouts, edamame, bell pepper, toasted almonds, cilantro sesame lime vinaigrette
Albacore Tuna	\$7.35
	seasoned tuna mix on top of mixed greens with choice of dressing
Bombay Curry Chicken	\$7.35
	mixed greens, choice of dressing, and topped with curried chicken

SANDWICHES

sandwiches come with a small fruit salad or whole fruit..... whole \$7.25..... half \$3.95

Sandwich of the Week: Cuban Panini

mojo roasted pork, cured ham, Swiss cheese, mustard, and pickles on a ciabatta roll

Crescent Tower Italian salami, ham, smoked turkey, Swiss, provolone, lettuce, tomato, crispy onions, sour dough ciabatta

Fitness Wrap grilled chicken, green beans, roasted bell pepper, kalamata olives, romaine lettuce, hummus, spinach tortilla wrap

Spa Tuna Croissant our Spa Café recipe: herbed tuna salad, light mayonnaise, tomatoes, lettuce

Cowboy Panini shaved beef ribeye, scallion, fontina cheese, tomatoes, garlic aioli, sourdough ciabatta

Southwestern Chicken Panini grilled chicken, guacamole, roasted bell pepper, tomatoes, pepper jack cheese, and bacon, baguette

Create Your Own choice of bread: sourdough, ciabatta, baguette, croissant, foccacia, or multi-grain

COMBOS

12 oz. Soup and Half Sandwich	\$7.35
12 oz. Soup and Small Salad	\$7.75
Small Salad and Half Sandwich	\$7.95

HOT SPECIALTIES

Lunch Entrées with two sides, multi-grain roll, and butter

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese and Garlic Bread or Chicken Parmesan Broccoli Rice Pilaf	Pork Carnitas with Sautéed Onions or Chicken Enchiladas Fresh Vegetable Medley Mexican Rice	Maple Glazed Baked Ham or Chicken Fried Steak Zucchini and Squash Provencal Cheddar Mashed Potatoes	Stir Fried Chicken or Peppered Steak Sesame Bok Choy and Eggrolls Vegetable Fried Rice	Chicken Fried Steak and Gravy or Fried Catfish with Cajun Remoulade Sautéed Green Beans Mashed Potatoes

À la Carte Sides..... \$3.00

Meatball Sub all-natural beef, marinara sauce, and mozzarella cheese..... \$7.95

YOGURT OF THE DAY \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
Hazelnut	Dulce de Leche	Mixed Berries	Pistachio	Coffee

DESSERT OF THE WEEK \$3.00

Raspberry Lemon Tart



ROSEWOOD CRESCENT HOTEL
DALLAS